

MOVEs Barriers Survey for Unit Staff: Instructions

In the Barriers Survey, you will be provided with four lists that describe common barriers to early mobilization of seniors, as identified by other health care professionals who have implemented the MOVE program. The four lists contain barriers related to:

- Providers of patient care
- Patients
- Your work setting
- The implementation of the MOVE program

Please review each list carefully, and think about the barriers that are most relevant to your own work context. Rank each of the barriers in the list in order of most to least important, in terms of how significant they are, or are anticipated to be, on your unit.

Step 1: Provided with common barriers list grouped by: Provider, Patient, Setting, and Implementation barriers. The example below provides a list of barriers related to **Providers of patient care**



MOVEs

Barriers to mobilizing patients, experienced by providers

On this page, you will find a list of barriers to mobilizing patients that are typically experienced by providers of care. Rank each of the barriers on this list in order of most to least important in terms of how significantly they impact clinicians' behaviour/practices regarding patient mobilization on your unit.

- Time constraints and heavy workload
Heavy workload and lack of time prevent staff from regularly mobilizing patients
- Lack of clarity regarding roles and responsibilities
Confusion regarding which health care providers are responsible for patient mobilization
- Lack of knowledge about mobilization
Little to no knowledge about the importance of mobilization and how to do it

Step 2: Rank each of the barriers in the list in order of most to least important in terms of how significant they are, or are anticipated to be, on your unit. Rank by selecting the barrier and pulling the barrier to the desired position on the list (ranking in order of most to least important).

Example: Ranking barrier 1, “Time constraints and heavy workload” to least important (barrier 3) on the list.



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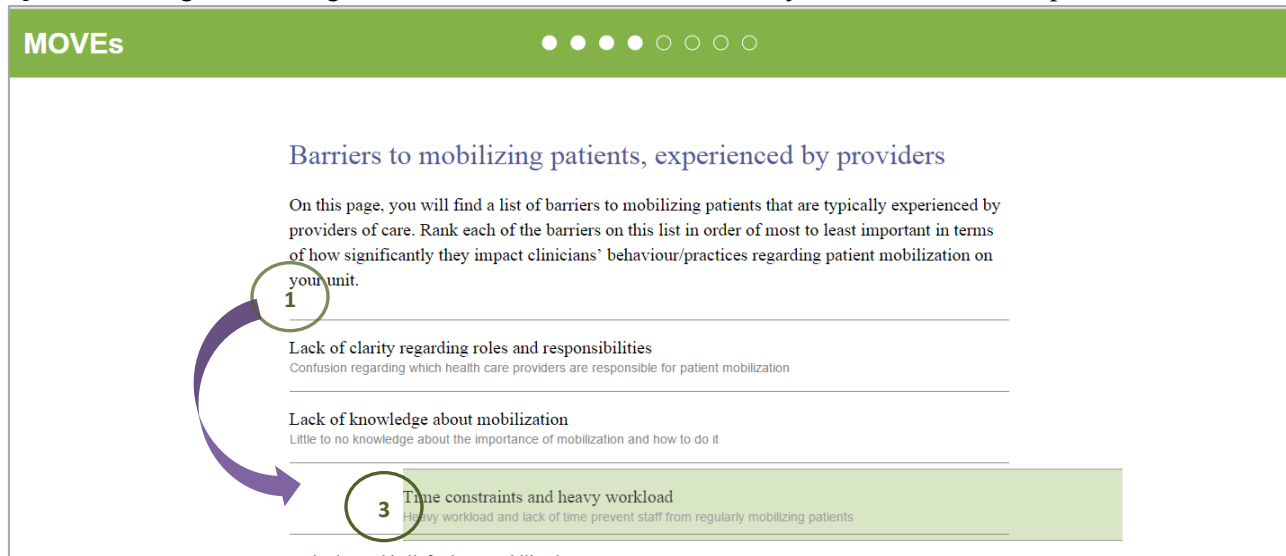
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Most important

Least important

Step 3. Rank by selecting the barrier and pulling the barrier to the desired position on the list (ranking in order of most to least important).

Example: Selecting and moving barrier 1: “Time constraints and heavy workload” to the 3rd position on the barrier list.



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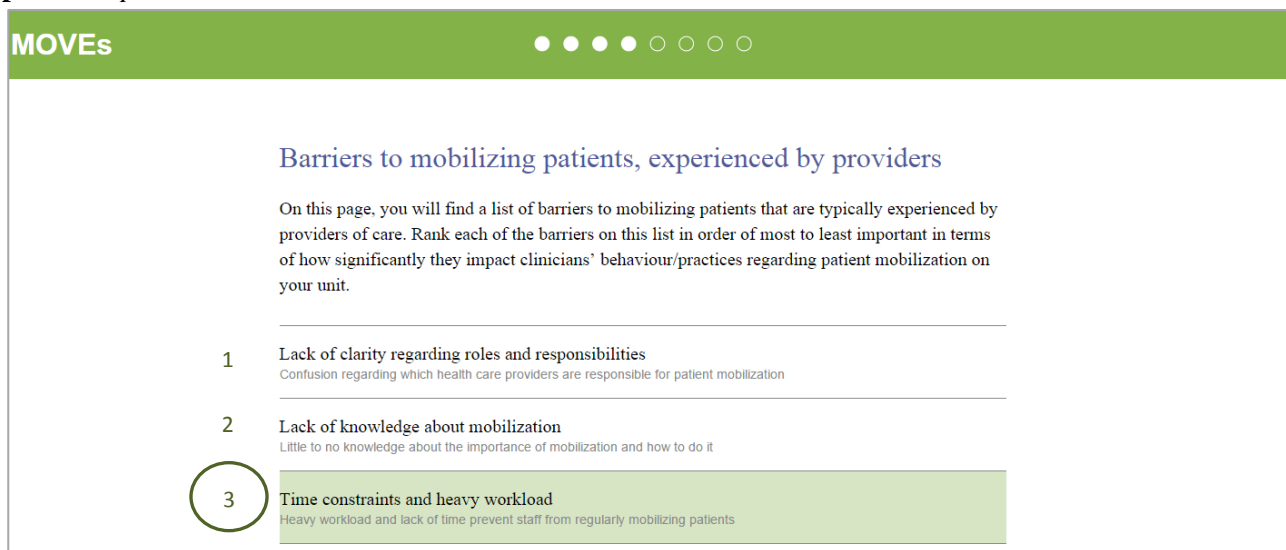
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- 1 **Lack of clarity regarding roles and responsibilities**
Confusion regarding which health care providers are responsible for patient mobilization
- 3** **Time constraints and heavy workload**
Heavy workload and lack of time prevent staff from regularly mobilizing patients

Step 4. *Example:* Barrier 1 has now been re-ranked to the 3rd barrier on the list.



MOVEs

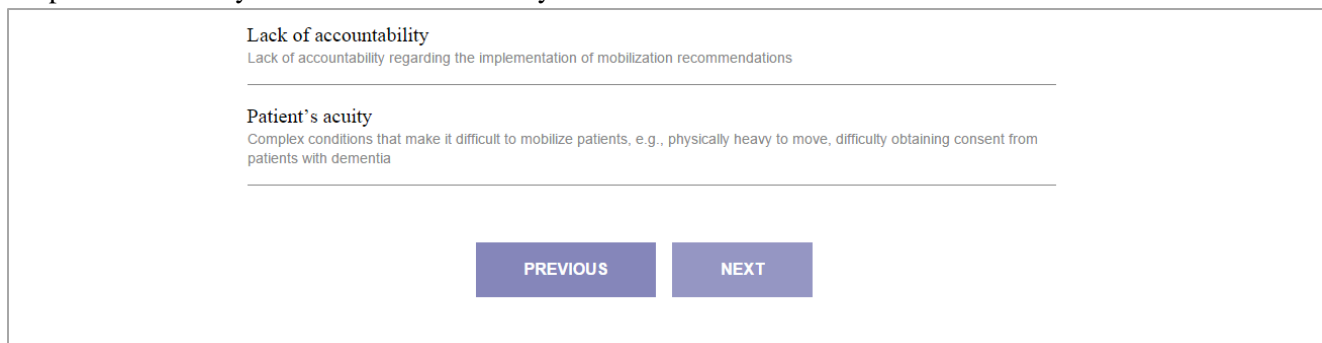
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Confusion regarding which health care providers are responsible for patient mobilization
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Little to no knowledge about the importance of mobilization and how to do it
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Heavy workload and lack of time prevent staff from regularly mobilizing patients

Step 5. Once you are happy with your ranking list, click the next button to proceed to the next list. When you have completed the survey click **Submit** to submit your results.



Lack of accountability
Lack of accountability regarding the implementation of mobilization recommendations

Patient's acuity
Complex conditions that make it difficult to mobilize patients, e.g., physically heavy to move, difficulty obtaining consent from patients with dementia

PREVIOUS **NEXT**